

## Library: Ambulatory Care

### Relevant Standard: PC.01.02.07

The hospital assesses and manages the patient's pain.

#### Element of Performance: 5

The hospital involves patients in the pain management treatment planning process through the following:

- Developing realistic expectations and measurable goals that are understood by the patient for the degree, duration, and reduction of pain
- Discussing the objectives used to evaluate treatment progress (for example, relief of pain and improved physical and psychosocial function)
- Providing education on pain management, treatment options, and safe use of opioid and non-opioid medications when prescribed (See also RI.01.02.01, EPs 2–4, 8; RI.01.03.01, EP 1)

#### Program Titles

Strategies for Managing Neck and Back Pain

### Relevant Standard: PC.02.03.01

The hospital provides patient education and training based on each patient's needs and abilities.

#### Element of Performance: 10

Based on the patient's condition and assessed needs, the education and training provided to the patient by the hospital include any of the following:

- An explanation of the plan for care, treatment, and services
- Basic health practices and safety
- Information on the safe and effective use of medications (See also MM.06.01.01, EP 9; MM.06.01.03, EPs 3–6)
- Nutrition interventions (for example, supplements) and modified diets
- Discussion of pain, the risk for pain, the importance of effective pain management, the pain assessment process, and methods for pain management
- Information on oral health
- Information on the safe and effective use of medical equipment or supplies provided by the hospital
- Habilitation or rehabilitation techniques to help the patient reach maximum independence
- Fall reduction strategies

#### Program Titles

Abdominal Pain in Men

Abdominal Pain in Women

Adult Immunizations: An Overview

Adult Immunizations: Hepatitis B

Adult Immunizations: Influenza

Adult Immunizations: Pneumococcal

Adult Immunizations: Shingles

Adult Immunizations: Td Booster

Adult Immunizations: Tdap

After a Concussion

Are You Up-to-Date on Your Immunizations?

At-Home Care for Influenza

Cast Care

Dealing with Chest Pain

Importance of Booster Immunizations

Pneumonia Care at Home  
R.I.C.E. (Rest, Ice, Compression, Elevation)  
Recognizing and Treating Cellulitis  
The Importance of Adult Immunizations  
The Importance of Lung Cancer Screening  
Threatened Miscarriage  
Treating Gallstones  
Understanding Kidney Stones  
Using Crutches Safely  
Viral Bronchitis  
Viral Respiratory Illness in Adults (Common Colds)  
What is a CT (Computerized Tomography) Scan?  
What is a Lumbar Puncture?  
What is a MRI (Magnetic Resonance Imaging) Scan?  
What is a PET (Positron Emission Tomography) Scan?  
What is a Sleep Study (Polysomnography)?  
What is a Stress Test?  
What is an ECG/EKG (Electrocardiogram)?  
What is an Echocardiogram (Heart Ultrasound)?  
What is an EEG (Electroencephalography)?  
What is an Ultrasound?  
What is an X-Ray?

**Element of Performance: 27**

The hospital provides the patient education on how to communicate concerns about patient safety issues that occur before, during, and after care is received.

**Program Titles**

Vomiting and Diarrhea in Adults