

## Library: Mental & Emotional Health

### Relevant Standard: MM.06.01.01

The hospital safely administers medications.

#### Element of Performance: 9

Before administering a new medication, the patient or family is informed about any potential clinically significant adverse drug reactions or other concerns regarding administration of a new medication. (See also MM.06.01.03, EPs 3–6; PC.02.03.01, EP 10)

#### Program Titles

Medical Withdrawal from Opioids

Why Opioids Are Addictive

### Relevant Standard: PC.02.03.01

The hospital provides patient education and training based on each patient's needs and abilities.

#### Element of Performance: 10

Based on the patient's condition and assessed needs, the education and training provided to the patient by the hospital include any of the following:

- An explanation of the plan for care, treatment, and services
- Basic health practices and safety
- Information on the safe and effective use of medications (See also MM.06.01.01, EP 9; MM.06.01.03, EPs 3–6)
- Nutrition interventions (for example, supplements) and modified diets
- Discussion of pain, the risk for pain, the importance of effective pain management, the pain assessment process, and methods for pain management
- Information on oral health
- Information on the safe and effective use of medical equipment or supplies provided by the hospital
- Habilitation or rehabilitation techniques to help the patient reach maximum independence
- Fall reduction strategies

#### Program Titles

Alcohol & Drug Addiction (Part 1)

Alcohol & Drug Addiction (Part 2)

Alcohol & Drug Addiction (Part 3)

Alcohol & Drug Addiction (Part 4)

Anxiety and Depression

Common Skills to Help You Cope with Stress

Do I Have an Anxiety Disorder?

Healthy Choices to Relieve Stress

How Bipolar Disorder Differs from Depression and Anxiety

How Is Anxiety Treated?

Is Stress Hurting Your Health?

Life After Opioid Addiction - Avoiding Relapse

Living with a Phobia

Living with Generalized Anxiety Disorder

Living with Panic Attacks

Living with PTSD

Living with Social Anxiety Disorder

Managing Depression: Medications

Managing Depression: Overcoming Barriers and Getting Help

Managing Depression: Psychotherapy

Opioid Withdrawal

PTSD Support

PTSD Treatment

Relieving Depression Through Lifestyle Changes

Schizophrenia: Understanding Hallucinations and Delusions

Signs and Symptoms of Depression

Stress Management: Are You Stressed?

Stress Management: Changing Your View of a Stressor

Stress Management: Identifying Your Stressors

Supporting Someone Addicted to Opioids

Treatments for Bipolar Disorder

Treatments for Schizophrenia

Understanding Cognitive Behavioral Therapy

What Is Anxiety?

What Is Bipolar Disorder?

What is Depression?

What is PTSD?

What Is Schizophrenia?

What is Stress?

**Relevant Standard: PC.04.01.05**

Before the hospital discharges or transfers a patient, it informs and educates the patient about his or her follow-up care, treatment, and services.

**Element of Performance: 7**

The hospital educates the patient, and also the patient's family when it is involved in decision making or ongoing care, about how to obtain any continuing care, treatment, and services that the patient will need.

**Program Titles**

Finding Help for Opioid Addiction