

Library: Wellness

Relevant Standard: NPSG.03.06.01

Maintain and communicate accurate patient medication information.

Element of Performance: 5

Explain the importance of managing medication information to the patient when he or she is discharged from the hospital or at the end of an outpatient encounter.

Note: Examples include instructing the patient to give a list to his or her primary care physician; to update the information when medications are discontinued, doses are changed, or new medications (including over-the-counter products) are added; and to carry medication information at all times in the event of emergency situations. (For information on patient education on medications, refer to Standards MM.06.01.03, PC.02.03.01, and PC.04.01.05.)

Program Titles

Medication Management

Preparing for Doctor's Appointments

Relevant Standard: PC.02.03.01

The hospital provides patient education and training based on each patient's needs and abilities.

Element of Performance: 10

Based on the patient's condition and assessed needs, the education and training provided to the patient by the hospital include any of the following:

- An explanation of the plan for care, treatment, and services
- Basic health practices and safety
- Information on the safe and effective use of medications (See also MM.06.01.01, EP 9; MM.06.01.03, EPs 3–6)
- Nutrition interventions (for example, supplements) and modified diets
- Discussion of pain, the risk for pain, the importance of effective pain management, the pain assessment process, and methods for pain management
- Information on oral health
- Information on the safe and effective use of medical equipment or supplies provided by the hospital
- Habilitation or rehabilitation techniques to help the patient reach maximum independence
- Fall reduction strategies

Program Titles

Check Your Pulse (Neck)

Check Your Pulse Using Your Wrist

Healthy Aging (Part 1)

Healthy Aging (Part 2)

Healthy Aging (Part 4)

How to Check Your Pulse

How to Take Your Blood Pressure at Home

How to Take Your Temperature

How to Weigh Your Food

Men's Health: Advice to Baby Boomers (Part 3)

Men's Health: Advice to Baby Boomers (Part 4)

MyPlate: Dairy

MyPlate: Grains

MyPlate: Increasing Your Physical Activity

MyPlate: Introducing MyPlate

MyPlate: Oils and Fats
MyPlate: Protein
MyPlate: Vegetables and Fruit
Positive Self Care Management
Putting MyPlate Into Action
Quit Smoking Tips
Quitting Tobacco
Self-Care Strategies: Day to Day Management
Self-Care Strategies: Goal Setting
Self-Care Strategies: Staying Positive
Self-Care Strategies: Using Your Support Team
Self-Care Strategies: Your Healthcare Team
Stop Smoking Today (Part 1)
Stop Smoking Today (Part 2)
Stop Smoking Today (Part 3)
Stop Smoking Today (Part 4)
Strategies to be a Successful Caregiver
Take Your Blood Pressure
Take Your Temperature (Ear)
Take Your Temperature (Forehead)
Take Your Temperature (Oral)
Understanding Obesity: The Key to Effective Weight Loss (Part 1)
Understanding Obesity: The Key to Effective Weight Loss (Part 2)
Understanding Obesity: The Key to Effective Weight Loss (Part 3)
Understanding Obesity: The Key to Effective Weight Loss (Part 4)
Women's Health: Advice to Baby Boomers (Part 1)
Women's Health: Advice to Baby Boomers (Part 2)
Women's Health: Advice to Baby Boomers (Part 3)
Women's Health: Advice to Baby Boomers (Part 4)
Your Health Checklist: MyPlate