

Heart Failure

Achievement

ACEI/ARB or ARNi at discharge

Percent of heart failure patients with left ventricular systolic dysfunction (LVSD) and without both angiotensin converting enzyme inhibitor (ACEI) and angiotensin receptor blocker (ARB) contraindications who are prescribed an ACEI or ARB or ARNi at hospital discharge.

Program Titles

Heart Failure Medications: ACE Inhibitors, ARBs, and ARNIs
Medication Management

Evidence-based specific beta blockers

Percent of heart failure patients who were prescribed with evidence-based specific beta blockers (Bisoprolol, Carvedilol, Metoprolol Succinate CR/XL) at discharge.

Program Titles

Lopressor
Norvasc
Toprol XL

Measure LV function

Percent of heart failure patients with documentation in the hospital record that left ventricular function (LVF) was assessed before arrival, during hospitalization, or is planned for after discharge.

Program Titles

Common Tests for Heart Failure
HF and Your Ejection Fraction Explained
How Can I Improve My Low Ejection Fraction
Monitoring Symptoms of Heart Failure
Understanding Ejection Fraction
What is Heart Failure?

Post-discharge appointment for heart failure patients

Percent of eligible heart failure patients for whom a followup appointment was scheduled and documented including location, date, and time for follow up visits or location and date for home health visit.

Program Titles

Heart Failure: Partnering in Your Treatment

Managing Your Heart Failure Medications

Preparing for Your Doctor's Appointments When You Have Heart Failure

What is a Heart Failure Treatment Plan?

Quality

Anticoagulation for atrial fibrillation or atrial flutter

Percent of patients with chronic or recurrent atrial fibrillation or atrial flutter at high risk for thromboembolism, according to CHA2DS2-VASc risk stratification, prescribed anticoagulation therapy at discharge.

Program Titles

Anticoagulants: How a Blood Clot Forms

Anticoagulants: Possible Side Effects

Anticoagulants: The Danger of Blood Clots

General Safety Tips While Taking an Anticoagulant

Going Home On Blood Thinners (Part 1)

Going Home On Blood Thinners (Part 2)

Going Home On Blood Thinners (Part 3)

Going Home On Blood Thinners (Part 4)

How Do I Manage My Medicines?

How to Inject Enoxaparin

How to Inject Lovenox

Let's Talk About Anticoagulants and Antiplatelet Agents

Medication Management

Medications that Help Prevent Blood Clots

Preventing Injuries While Taking Warfarin

Taking Control of Your Medicine

Taking Warfarin Safely

Taking Your Anticoagulant Safely

Warfarin and Food

Warfarin: Your INR Goal

What Are Anticoagulants and Antiplatelet Agents?

What is an Anticoagulant?

What is Warfarin?

Your Care at Home: Taking Blood Thinners

DVT prophylaxis

Percent of patients with heart failure and who are non-ambulatory who receive DVT prophylaxis by end of hospital day two.

Program Titles

- Preventing DVT After Hospital Discharge
- Preventing DVT for a Lifetime
- Preventing DVT in the Hospital
- Recognizing and Treating DVT
- What is Deep Vein Thrombosis?

Follow-up visit within 7 days or less

Percent of eligible heart failure patients who underwent a follow-up visit within 7 days or less from time of hospital discharge.

ICD counseling, or ICD placed or prescribed at discharge:

Percent of heart failure patients with left ventricular ejection fraction less than or equal to 35% with no contraindications, documented intolerance, or any other reason against who had ICD counseling provided, who have ICD prior to hospitalization, had an ICD placed, or were prescribed an ICD at discharge.

Program Titles

- Adjusting to Life with Your ICD
- Before and During the ICD Implant Procedure
- ICD: Understanding Heart Rhythms
- ICD: Your Immediate Recovery Following the Implant of Your ICD
- Understanding Your ICD
- What Is an Implantable Cardioverter-Defibrillator (ICD)?

Influenza vaccination during flu season

Percent of patients that received an influenza vaccination prior to discharge during flu season.

Program Titles

- Adult Immunizations: Influenza

Reporting

60 minutes of heart failure education

Percent of heart failure patients who received 60 minutes of heart failure education by a qualified heart failure educator.

Program Titles

Emotions of Heart Failure
Heart Failure: Making Lifestyle Changes
Heart Failure: Partnering in Your Treatment
How Can I Live With Heart Failure?
Living with Heart Failure: Building a Support Network
Living with Heart Failure: Exercising Safely
Living with Heart Failure: Fluid Guidelines
Living with Heart Failure: Goals for the Future
Living with Heart Failure: Reading Nutrition Labels
Living with Heart Failure: Your Heart-Healthy Diet
Managing Heart Failure: Beware of Fat and Cholesterol
Managing Heart Failure: Dining Out
Self-Check Plan for HF Management
Tobacco and Heart Failure: Tips for Quitting
Treating Heart Failure: Medications, Devices, and Surgery

Activity level instruction

Percent of heart failure patients discharged home with a copy of written instructions or educational materials given to patient or caregiver at discharge or during the hospital stay, addressing activity level.

Program Titles

Life's Simple 7: Get Active
Life's Simple 7: Maintain a Healthy Weight

Advance directive executed

Percent of patients who have documentation in the medical record that an advance directive was executed.

Program Titles

Advance Directives: Making Your Wishes Known – Creating an Advance Directive
Advance Directives: Making Your Wishes Known – Organ/Tissue Donation
Advance Directives: Making Your Wishes Known – Types of Advance Directives
Advance Directives: Making Your Wishes Known – What is an Advance Directive?

Storing and Updating Your Advance Directive
The Benefits of Having an Advance Directive
What is a Healthcare Power of Attorney?
What is a Living Will?
What is an Advance Directive?

Advanced care plan

Percent of heart failure patients who have an advanced care plan or surrogate decision maker document in the medical record.

Program Titles

Palliative Care: Care for the Caregiver
Palliative Care: Developing Your Goals of Care
Palliative Care: Getting Started
Palliative Care: Physical Comfort
Palliative Care: The Role of the Caregiver
Palliative Care: Your Emotional and Spiritual Health
The Benefits of Palliative Care

Beta blocker at discharge

Percent of heart failure patients on beta blockers at discharge.

Program Titles

Heart Failure Medications: Beta Blockers
Lopressor
Toprol XL

Blood pressure control at discharge

Percent of heart failure patients with a last recorded systolic pressure <140 mmHg and diastolic pressure <90 mmHg blood pressure.

Program Titles

Blood Pressure Measurement Instructions
Blood Pressure Medications
Blood Pressure Tracker
Control Hypertension
Controlling High Blood Pressure
Controlling High Blood Pressure: Are You at Risk?

Controlling High Blood Pressure: Get in Control
Controlling High Blood Pressure: Making a Difference at the VA
Controlling Your High Blood Pressure
High Blood Pressure and the DASH Diet
High Blood Pressure Prevention & Management
High Blood Pressure: Getting Support
How Can I Monitor My Cholesterol, Blood Pressure and Weight?
How Can I Reduce High Blood Pressure?
Life's Simple 7: Manage Blood Pressure
Lower Blood Pressure: Overview of Check. Change. Control.
Managing High Blood Pressure with Lifestyle Changes
My Blood Pressure Log
Self-Measured Blood Pressure Monitoring
Taking Your Own Blood Pressure
What About African Americans and High Blood Pressure?
What do Blood Pressure Numbers Mean?
What Is High Blood Pressure Medicine?
What Is High Blood Pressure?
What is High Blood Pressure?

Diabetes teaching

Percent of diabetic patients or newly-diagnosed diabetics receiving diabetes teaching at discharge.

Program Titles

Managing Your Diabetes: An Introduction
Managing Your Diabetes: Being Active
Managing Your Diabetes: Healthy Coping
Managing Your Diabetes: Healthy Eating
Managing Your Diabetes: Monitoring
Managing Your Diabetes: Problem Solving
Managing Your Diabetes: Reducing Risks
Managing Your Diabetes: Taking Medication

Diabetes treatment

Percent of diabetic patients or newly-diagnosed diabetics receiving diabetes treatment in the form of glycemic control (diet and/ or medication) at discharge.

Program Titles

- Diabetes: Treatments (Part 1)
- Diabetes: Treatments (Part 2)
- Diabetes: Treatments (Part 3)
- Diabetes: Treatments (Part 4)
- Is Your Plan for Treating Diabetes Working?
- Learning All You Can About Diabetes
- Life's Simple 7: Reduce Blood Sugar
- Lifestyle Changes for Better Diabetes Management
- Your Type 2 Diabetes Plan

Diet instruction

Percent of heart failure patients discharged home with a copy of written instructions or educational materials given to patient or caregiver at discharge or during the hospital stay, addressing diet.

Program Titles

- Creating Your Weight Loss Plan
- Exercise and Weight Loss
- Food Choices for Weight Loss
- Life's Simple 7: Eat Better
- The Importance of Support for Weight Loss
- The Risks of Being Overweight
- Tips for Managing Your Weight

Discharge instructions

Percent of heart failure patients discharged home with a copy of written instructions or educational material given to patient or caregiver at discharge or during the hospital stay addressing all of the following: activity level, diet, discharge medications, follow-up appointment, weight monitoring, what to do if symptoms worsen.

Program Titles

- Discharge Instructions
- Survival Skills Checklist: After Your Hospital Discharge

ICD placed or prescribed at discharge

Percent of heart failure patients with left ventricular ejection fraction less than or equal to 35% with no contraindications, documented intolerance, or any other reason against who have ICD prior to hospitalization, had ICD placed, or were prescribed ICD at discharge.

Lipid-lowering medications at discharge

Percent of heart failure patients with either CAD, PVD, CVA, or diabetes who were prescribed lipid lowering medications at discharge.

Program Titles

- Exercise and Blood Cholesterol Management
- High Cholesterol: Understanding Statins
- How Can I Improve My Cholesterol?
- How Can I Lower High Cholesterol?
- How Do My Cholesterol Levels Affect My Risk of Heart Attack and Stroke?
- Life's Simple 7: Control Cholesterol
- Managing Cholesterol: Healthy Food Choices
- Taking Cholesterol Medications
- Understanding High Blood Cholesterol
- What Are Cholesterol-Lowering Medicines?
- What Are High Blood Cholesterol and Triglycerides?
- Your Cholesterol Management Plan