

Proudly Presented by

Effective September 27, 2021 through December 26, 2021

Time of Day	Mon / Tue / Wed / Thu / Fri / Sat / Sun
5:00 AM to 9:00 PM	Fine Arts, Guided Imagery & Meditations
	The Redwoods/CA Coast
	Wondrous Waterfalls
	Healing Hawaii
	360 Degrees of Relaxation
	Healing Meditations
	Playful Puppies
	Nature Unfolding
	Transforming Your Pain into Comfort
	Underwater Visions
	The Soothing Sun
	Walking in Beauty
	Ocean Waves
	Sleep Calming
9:00 PM to 5:00 AM	Sleeping Soundly
	Gentle Rain
	Finding Tranquillity
	Underwater Visions
	Ocean Waves
	The Soothing Sun
Walking in Beauty	

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